

PE Learning Targets: I can...

Second

PE2.1: Demonstrates competency in motor skills and movement patterns needed to perform a variety of activities.

I Can Statements	Teach This to Others	Do This by Myself	Do This With Help	Cannot Do This
I can skip, slide, and gallop to travel different pathways such as zigzag, curved, or straight.				
I can demonstrate the underhand throw and underhand strike.				
I can shift weight from front to back while tossing a ball				
I can perform basic jump roping skills				
I can kick a soccer ball that is passed from a partner.				

PE2.2: Demonstrates understanding of movement concepts, principals, strategies, and tactics as they apply to the learning and performance of physical activity.

I Can Statements	Teach This to Others	Do This by Myself	Do This With Help	Cannot Do This
I can identify locomotor movement patterns within pathways.				
I can name several games that will use the underhand throwing motion				

I can identify different types of striking				
I can apply concepts of chasing, fleeing, and dodging.				

PE2.3: Participates regularly in physical activity.

I Can Statements	Teach This to Others	Do This by Myself	Do This With Help	Cannot Do This
I can participate in games that involve throwing, catching, kicking, and striking.				
I can participate in games that involve chasing, fleeing, and dodging.				

PE2.4: Achieves and maintains a health-enhancing level of physical fitness.

I Can Statements	Teach This to Others	Do This by Myself	Do This With Help	Cannot Do This
I can participate in fitness and conditioning activities.				

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PE2.5:Exhibits responsible personal and social behavior that respects self and others in physical activity settings.

I Can Statements	Teach This to Others	Do This by Myself	Do This With Help	Cannot Do This
I can show self control and take personal responsibility of my own actions.				
I can participate in group activities while playing fair and using the honor system.				
I can work cooperatively in a group with students of different ability levels.				

PE2.6: Values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

I Can Statements	Teach This to Others	Do This by Myself	Do This With Help	Cannot Do This
I can encourage my classmates by giving high fives and positive feedback.				
I can engage in new and challenging activities.				
I can participate in recreational activities outside of school.				

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