Name: $\qquad$ Date: $\qquad$
Learning Target \#1: F.IF.6: I can calculate, estimate, and interpret the average rate of change of a function over a specified interval.

1. Calculate the average rate of change for the functions below on the interval $[\mathbf{- 4}, \mathbf{- 2}]$.

6 pts.
a. $f(x)=2(x-1)^{2}-4$
b.

2. The graph below shows the total distance, in feet, walked by a person as a function of time, in seconds.

$$
4 \mathrm{pt}(\mathrm{~s}) .
$$


A. Was the person walking faster between 20 and 40 seconds or between 80 and 100 seconds?
B. Was the person walking faster between 0 and 40 seconds or between 40 and 100 seconds?

## Student Reflection: IM 2 Unit 3: Quadratic Functions

For this learning target, record your points earned on the CFA, and then decide how well you understand this learning target.

| Standard | Learning Target | Points Earned | Percentage | Room to Grow? <br> (Circle yes or no.) |
| :---: | :---: | :---: | :---: | :---: |
| F.IF.6 | I can calculate, estimate, and <br> interpret the average rate of change <br> of a function over a specified interval | - <br> Out of 10 | Yes |  |

What are your strengths on this learning target? (I did well with...)

What are my areas for growth? (I am still learning...)

What is your learning goal and/or plan? (My goal/plan is to...)

1. a) -15 ; b) 2
2. a) faster between 80 and 100 seconds
b) faster between 0 and 40 seconds
